

# WELCOME TO PALZ UK - Professionals with Alzheimer's

*"The purpose of the PALZ group is to provide people, who have held challenging and demanding jobs and who are now living with Alzheimer's (or dementia from other causes), with a social environment that relates to their previous working environment of peer support and mental challenge. These meetings aim to increase self-respect and confidence as well as providing mental stimulation."*

We meet at 10am on the third Tuesday of alternate months (January, March, May, July, Sept, November) at the Shropshire Conference Centre – on the Royal Shrewsbury Hospital site. (Satnav reference: SY3 8XG)

We offer:

- Guest Speakers
- Free Admission
- Free Parking
- Coffee/Refreshments

You will find a relaxed and welcoming atmosphere at our meetings.

To find out more please contact: [info@palzglobal.org.uk](mailto:info@palzglobal.org.uk).  
Tel :- 01743718495 or visit the website: [palzuk.org.uk](http://palzuk.org.uk).

