

***Know someone or just been diagnosed with Alzheimer's or any other causes of dementia?***

***Working life has been:  
Responsibilities? Challenges?  
Meetings? Conferences?***

***Feeling a loss of identity,  
self-respect, dignity?***

***Missing social and intellectual  
stimulation of peers?***



## **PALZ - Professionals with Alzheimer's**

- Meetings every two months
- Range of interesting speakers from challenging and demanding work backgrounds, providing intellectual stimulation to those who just happen to have Alzheimer's or any other causes of dementia
- Opportunity to meet others in a similar situation
- Supportive friends and relatives very welcome

**To find out more:**

Email [info@palzglobal.org.uk](mailto:info@palzglobal.org.uk) or  
visit the website [www.palzuk.org.uk](http://www.palzuk.org.uk)

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*The purpose of the PALZ Group is to provide people who have held challenging and demanding jobs and who are now living with Alzheimer's (or dementia from other causes), with a social environment that relates to their previous working environment of peer support and mental challenge. These meetings aim to increase self-respect and confidence as well as providing mental stimulation.*